

Senior Center Calendar - July / August / September 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00 a. - 11:30 a. Social Games (No Soc. Games 8/10)	9:00 a. - 12:00 noon Watercolor - ("Painting Pals") (No Watercolor 8/11)	9:00 a. - 2:30 p. Foot Care Clinic (appt.) 7/1, 7/15, 8/5, 8/19, 9/2, 9/16 9:00 a. - 10:30 a. Knitting (No Knitting 8/12)	10:00 a. - 11:30 a. Social Games (No Soc. Games 8/13)	11:00 a. - 12:00 p. Senior Aerobics (No Aerobics 7/3, 8/14) 12:00 p. -3:00 p. Bridge (No Bridge 7/3, 8/14)
10:30 a. - 11:30 a. Parkinson's CPS - Group (2nd & 4th Monday) 7/13, 7/27 (No Meeting 8/10) 8/24 9/14, 9/28	10:30 a. - 11:30 a. Grief Support - (Please call 651- 748-7250 for Appt.)			Moon Phases July First Quarter 28 Full Moon 7 Last Quarter 15 New Moon 21
11:00 a. - 12:00 p. Senior Aerobics (No Aerobics 8/10) 12:00 a. - 1:00 p. Senior Dining Club (Mondays & Thursdays) (see menu p. 4) (No Sr. Din. 8/10)	11:00 a. - 12:00 p. "Nurse Chat" (every last Tues.) 7/28, 8/25, 9/29	11:00 a. - 12:00 p. Senior Aerobics (No Aerobics 8/12)	12:00 a. - 3:00 p. Free Bakery Goods (every Thursday) (No Bakery 8/18) 12:00 a. - 1:00 p. Senior Dining Club Mondays & Thursdays) (see Menu P.7) (No Sr. Din. 8/13)	August First Quarter 7 Full Moon 5 Last Quarter 13 New Moon 20
1:00 p. -3:00 p. 500 Cards (No 500 Cards 8/10)	1:00 p. -3:00 p. Woodcarving (No Woodcarving 8/11)	1:00 p. -3:00 p. 500 Cards (No 500 Cards 8/12)	1:00 p. -3:00 p. "Golden Oldies" - Social Games - (every 1st Thurs.) 7/2, 8/6, 9/3	September First Quarter 25 Full Moon 4 Last Quarter 11 New Moon 18
Special Events				
Center Closings Friday, July 3rd (Independence Day) Monday, September 7 (Labor Day) Center Closed (for Cleaning) Week of August 10th - 14th	International Bingo Bash & Ice Cream Social! Tuesday, July 14 9:30 a.m. - 11:30 a.m. "Paramedic Presentation" FREE Presentation Tuesday, August 25 10:00 a.m.	North High Presents... "OKLAHOMA" Wednesday, July 22 Tickets sold at North High box office. For show times & more information please call: 651-748-6090	"September Get-together" Luncheon & Dance <i>Hank Thunander</i> Thursday, September 17th 11:30 a.m. North St. Paul Garden Tour Sunday, July 19 11:00 a.m. - 4:00 p.m.	Country Music Jam Sessions! Every Other Friday 1:00 p.m. - 3:00 p.m. July 10, July 24 August 7, August 21 Sept. 4, Sept. 18-- (Last Session for Season)